

# Vanier Vipers Newsletter

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<https://gpv.hrce.ca>  
March/April 2019



**Report Cards will be going home April 5.**

**Parent teacher interviews will be held Wednesday, April 10 from 6-8 pm and Thursday, April 11 from 1-3 pm.**

Georges P. Vanier would like to welcome Ms. Alison Boros. Ms. Boros is replacing Ms. Kelly in her previous position. We would also like to welcome Ms. Kelly Borkowski who is our new Student Intervention Teacher.

**School Hours:** Students will be admitted to the school at 8:35 am. Please do not drop your child off early as there is no supervision prior to 8:35.

**Safe Arrival:** Should your child be absent from school call 860-4197 and leave a message. Please ensure that your contact information is up to date in case we need to contact you.

**Cell Phones / Electronic Devices:** Cell phones can be a distraction within the learning environment. Students have been reminded that cell phones are to be left in their locker. If a teacher has an activity planned where students can utilize their phones then the teacher will provide time for students to retrieve their phones and time at the end of the class for them to return their phones to their lockers. Students are allowed to use their phones during lunch hour. Please have a conversation with your child to reiterate the expectations.



**Newsletters:** Newsletters will be available on our website. If you require a hard copy please have your child notify the office.

## The Treblemakers:



The school rock band, The Treblemakers, will be playing at The Turtleback on Sunday, April 7 at 2p.m. This is a free event for the public. We will be collecting donations to go towards purchasing a new drum kit for the rock band to enjoy at GPV! We hope to see you there!

**Ski Club Chaperones:** A special thank you to all of the parents who came out and chaperoned the ski trips. We could not have had such a successful ski club without you!



**Volunteers:** A volunteer includes but is not limited to a coach, a driver, a classroom helper and a trip chaperone. Students will not be permitted to travel to or from a school sanctioned event with a parent (other than their own) unless the parent has a Criminal Records Check, Child Abuse Registry Search and a J-Form on file in the main office. If you have these checks done through another agency, school, or organization, you can request that they send a copy to Georges P. Vanier. Please see the link on our website under volunteers to access the current Child Abuse Registry form. Criminal Records Check can be done through the RCMP office. We appreciate the time, patience and understanding our parents have shown in ensuring our students are safely transported to extracurricular events.



**Lunch Monitors:** We would like to take special mention of our lunch monitors - Cathy Young, Sandra Acacia and Paul Beaulieu! If you are interested in becoming a GPV lunch monitor, please send us an email at [vanier@hrce.ca](mailto:vanier@hrce.ca) or stop in to the office.

**Supplies:** Please ensure students have adequate supplies such as pencils and paper at school for them to use. They often need to replenish what they have at school from home. This will help ensure they start out Term 3 ready for success!



**Yearbook:** Georges P. Vanier will be producing a yearbook this year. Yearbooks cost \$15 and can be ordered on line up to April 12<sup>th</sup> at the following link:  
<http://jostensyearbooks.com/?REF=A09721600>

**School Clothing:** Class of 2019 clothing is now available on our school website. To see what clothing is available, please go to our website at <https://gpv.hrce.ca/> and click on our school. Look at the section Our School and scroll down to online clothing store to choose the category you would like to browse. When you find an article of clothing you like, choose the color and crest that is best suited for you!!

**2019 Earth Day Art Contest:** Offered by the United States Consulate General in Halifax. **All** students in grades P-9 in **all** public and private schools in Halifax. Students are asked to submit a piece of art (drawing, painting, sculpture, etc.) that conveys what Earth Day means to them. All entries must include the name, school and grade of the artist and must be received by 5:00 pm on April 10<sup>th</sup>

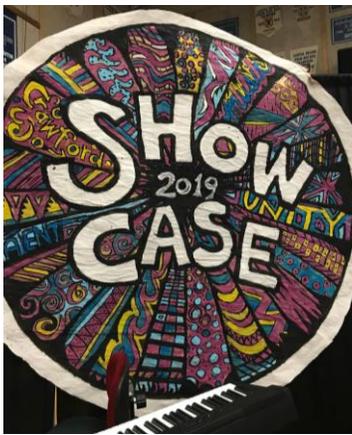
The entries may be submitted by mail to the U.S. Consulate's office:      ATTN: Earth Day Art Contest  
U.S. Consulate General – Halifax  
1973 Upper Water Street  
Halifax, NS B3J 0A9

Or the entry may be scanned or photographed and submitted by email to [halifaxmedia@state.gov](mailto:halifaxmedia@state.gov)  
*There is a maximum of one work of art per artist.*

*Prizes will be awarded to one student in each of three age categories and will be age-appropriate items: Grades Primary to Two, Grades Three to Five, Grades Six to Nine*



The winners will also receive a selection of Scholastic books for their school's library. For more information please email [faulknerje@state.gov](mailto:faulknerje@state.gov) . **PLEASE NOTE ENTRIES WILL NOT BE RETURNED.**



**Showcase:** What amazing talent we have here at GPV! The audience thoroughly enjoyed the show put together by Mr. Crawford and some very remarkable students. The performances included solo singers, instrumentalists, bands, magic, taekwondo demonstration, dance and the comedy stylings of the student-hosts. Teachers who are new to our building were amazed at the quality of the production, while returning staff already knew what a great show to expect. Thank you to Mr. Crawford and all of his helpers for a performance where so many students were able to shine.

#### **From Guidance:**

**Junior Achievement:** Junior Achievement (JA) Nova Scotia provides hands-on experiential learning in the classroom. Programs focus on three educational pillars: financial literacy, workplace readiness, and entrepreneurship. JA recruit volunteers from the business community to collaborate on the delivery of programs, which exposes students to real world business perspectives and ideas. Our students will have the "It's My Future" program delivered next month. This program offers students the opportunity to explore potential careers, discover factors to consider in choosing a career, and recognize basic job-hunting tools. Students will learn about how to develop their own personal brand and how it will relate to a future career.

**Immunizations:** Grade 7 immunizations will be held on April 18 at our school. This is the second round of immunizations for our students. If you would like more details about the vaccines, please visit: <http://www.nshealth.ca>

**Strongest Families:** Did you know that there are many community supports for families dealing with various mental health needs? Strongest Families is a program that offer skills-based educational programs for children, youth, and their caregivers. They focus on disruptive behaviours, anxiety concerns and nighttime bedwetting. For more detailed information, please visit <http://strongestfamilies.com>.



#### **Concours d'art oratoire:**

The 3 classes of grade 8 French Immersion students participated in the French Public Speaking Competition at the classroom level in February. Four students from Georges P. Vanier will be competing regionally March 30<sup>th</sup>: Sofia M. (806), Kaitlin M. (806), Bianca D. (808), and Nicole M. (808). These students all did a great job when presenting to their classmates and we are confident they will do us proud at the regional contest.

## Outsiders Day:

Mrs. Aucoin would like to thank all of her Grade 8 English classes for their participation and enthusiasm during Outsiders Day. Upon completion of their novel study, the students dressed the part of the 1960's Greasers and Socs. "Stay Gold, Grade 8s"



## What's going on in the Library??

Our final Authors Visits for this school year are scheduled for March 28th and April 4th. All students will experience **Shalan Joudry's** performance art and storytelling the end of March. She brings her experience as a Cultural Interpreter and Community Ecologist at Bear River First Nation. **Wade White** will be returning in April to see the classes he missed due to early closure when he came in November. He will share his passion for Youth fantasy and his experiences with the writing and publishing process.

At this point, every student in the school has learned about Overdrive. You may recall, this is an app that links to over 2 million digital books (e and audio) and videos. The app is free, and all the digital resources are free to borrow as well. A Public Library card is needed, so students have been actively applying online to have their account number emailed to them. If you are not a current user yourself, ask your child about this valuable resource and how you can get started. There is quite a lot of excitement about this app, so please join in!



Jocelyn Covert was also in for her final visit this month. Students are actively applying strategies for filtering the many sources of information to remove the 'fake' and locate the accurate. Thank you to Jocelyn of the Bedford Public Library, for sharing this valuable lesson to complete searches for school and personal use.

With Nutrition Month, Lent and Saint Patrick's Day coming, library discussion and activities are reflecting on these current themes. I enjoy learning and sharing with your students every day.

Finally, as noted in past newsletters, students are actively enjoying puzzling, drawing, coloring, clay art and needlework activities during the lunch hour. Interest in these activities has grown, demanding the establishment of clubs now! After the break, a **Needlework Club (knitting, crochet and hand sewing) will be offered Mondays** at lunch; **Games Club Wednesday and Thursday** at lunch; and NEW - a **Book Club will be offered Fridays** at lunch. Book Fair money was used for resources to support these Clubs. Library surveys also indicated an interest in Dungeons & Dragons. Thanks to Ms. Amaral, we now have resources for the more than 20 students participating in this role playing game at lunch. Donations to these clubs - wool, needles, fabric etc. are always welcome. Thank you!

## New Lunch Time Activities in Room 236:

Monday – Needlework - Students will have the opportunity to knit, crotchet and hand sew.

Wednesday and Thursday Games - Games include: Scrabble, Scrabble (French), Brain Benders, Connect 4, Battleship, Decks of Card, Uno, Boogle, Code Breaker, Mad Gab, Cribbage, Monopoly, Game of Life, Pay Day, Blokus, and Games Houses (checker, chess, etc).

Friday - Book Club - Students will be selecting a novel to read and discuss.

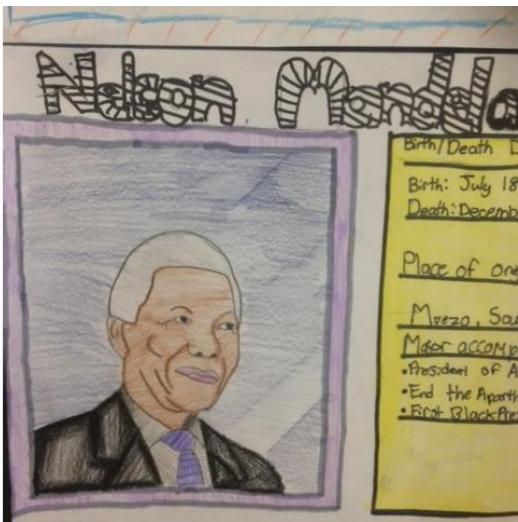


## Boat Challenge:

Have you ever wondered why some materials that have no business floating in water can do just that? The students in Mrs. Webber's grade 8 Science classes tackled that issue. They completed a "boat challenge" in groups of three to see whose boat could support the most pennies before it sunk. Students were tasked with building a boat with a specific amount of supplies and maximum dimensions. They had to use their learned knowledge of the relationship between mass, volume and density to determine their boat design. Fun was had by all and competitive personalities came out. While some boats held well over 200 pennies, others were capsized after adding only 25. Students were able to spend time following the challenge discussing why some designs were capable of supporting more weight and design improvements that could have been made.



Students have celebrated African Heritage Month by learning about those in society who contributed to our world to make it a better place! Students learned about influential athletes, inventors, leaders of government, education, entertainment, and so much more! We continue to celebrate with a schoolwide scavenger hunt where students used each other's posters to learn more about important leaders in our society. The students had a great time learning and taking part in the beginning of a new tradition here at Georges P Vanier!



Food and Nutrition classes 801, 802, and 808 had Linda K of the Egg Producers of NS teach about egg farms and production in NS, the nutrition of eggs, and demonstrated with the help of student volunteers three nutritious and quick egg recipes.



In Textile Art and Design, classes 706 and 707 have learned to use small sewing equipment, as well as how to operate the sewing machines to create their own "hot/cold bag" and pillow.



## MARCH CAFETERIA MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken strips & fries
4 Chicken Bacon Ranch Pasta	5 Chicken Tacos	6 Spaghetti & Meatballs	7 Grilled cheese & veggies	8 No School
11 Fettucine Alfredo with Salad	12 Taco's in a Bag	13 Sweet & Sour Meatballs with Rice	14 Pulled pork with Coleslaw	15 Chicken Burgers
18 March Break	19 March Break	20 March Break	21 March Break	22 March Break
25 Mac n' cheese with veggies	26 Taco's	27 Oven baked subs	28 Shepherd's Pie	29 Poutine

- All daily specials are \$5.00.
- Wraps, sandwiches, salads, fruit and yogurt are available on a daily basis. Developing
- 4 varieties of homemade pizza made daily (Cheese, Pepperoni, Garlic, specialty).
- Fresh baked goods on a daily basis (low fat brownies, cinnamon buns, cookies and loaves).
- Pizza Wraps & Sandwiches.....\$3.50    Salads.....\$2.50 - \$3.75
- Baked Goods.....\$0.66 - \$1.50    Juice.....\$1.75

## APRIL CAFETERIA MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Teriyaki Stir Fry	2 Walking Taco's	3 Shepherd's Pie	4 Loaded Potato Bowl	5 Poutine
8 Fettucine Alfredo with sala	9 Taco's	10 Chicken/ Mashed potatoes	11 <i>PD &amp; Parent Teacher</i>	12 Chicken Burgers & Salad
15 Spaghetti & Meatballs with Salad	16 Walking Taco's	17 Pulled pork sandwiches with salad	18 Chicken strips & fries	19 <i>Good Friday</i> <i>No School</i>
22 <i>Easter Monday</i> <i>No School</i>	23 Chicken Taco's	24 Oven Baked Subs with Veggies	25 Grilled Cheese sandwiches with salad	26 Cheese Burgers & Veggies
29 Mac n' cheese with veggies	30 Walking Taco's	May 1	2	3

## Vipers Sports/Extra-Curricular

Congratulations to our Viper Ski Race team in their inaugural season! The team consisted of 4 girls (Ryann S, Charlotte H, Matea B and Jessica M) and 2 boys (Issac L and Nash P) who represented the school in 3 races throughout the season. We had two athletes advance to provincials in the individual category with Issac taking home the bronze medal! The girls had a very successful season as a team – winning the Mariner Zone and Regional banners while capping everything off as the Provincials champions! Special thanks to Coach Tim Hilton and Coach Ben Lovett for helping guide our student – athletes and look forward to next year!

Between Showcase practices, Mr. Crawford has returned to coach the badminton team again this year. There has been 17 team members training and participating in prep tournaments gearing up for the County Meet at Lockview the week of March 25. Best of luck moving forward!

## Mental Health & Wellness Day

On Thursday, May 16, the GPV will be hosting a Mental Health and Wellness Day. It will include over 25 presenters and a keynote speech from the Olympic Gold Medalist Jillian Saulnier! This day will bring awareness to mental health and will start the conversation around various mental health topics such as anxiety and depression. An electronic booklet, outlining the different presentations/workshops, will be made available next month for parents to read and talk to their child prior to them signing up. Students will be able to sign up for the workshop that interests them. As well, we are in the early stages of planning a parent event in the evening from 6-8. This will include various booths from the community that support mental health and wellness. There will also be different sessions that you will be able to sign up for. We are very excited about this day and will send home more information as it approaches.

## Important Dates for 2019



March 18-22	March Break
April 5	Report Cards go home
April 10	Parent Teacher meetings 6-8pm
April 11	P.D morning (no school); Parent Teacher meetings 1-3pm
April 12	Last day to order yearbook
April 18	Grade 7 Immunizations
April 19	Good Friday (no school)
April 22	Easter Monday (no school)
April 25	SAC meeting 6-7:30pm
May 16	Mental Health & Wellness Day
May 17	P.D. day (no school)
May 20	Victoria Day (no school)
May 23	Spring Band concert 7-8:30pm; SAC meeting 6-7pm
May 27 – June 7	RWM8 (Reading, writing, math grade 8 Assessments)
May 30	Back up date for Band Concert
June 20	School Dance 7-9:30pm
June 25	Awards Assembly 1-3pm
June 27	Assessment & Evaluation Day (no school)
June 28	Last day of school – Report Cards go home